

RESILIENCE FOR SALESPEOPLE

COURSE OVERVIEW

Boost your organisations performance by developing the resilience of your salespeople

- Improve sales performance by building employee resilience and improving their ability to cope with stress
- Reduce absenteeism and increase engagement through evidence-based resilience training
- Equip salespeople with the tools and coping strategies needed to thrive in high pressure environments

Regardless of industry, sales people operate at the front line of organisations. They are the face of your business and need strong reserves of resilience to succeed in today's competitive marketplace to avoid crashing and burning.

Protecting the health and wellbeing of your salespeople is a key facet of modern sales leadership and is fundamental to driving engagement, productivity and ultimately performance.

Our **Resilience for Salespeople** course supports sales teams to develop their personal resilience through greater self-awareness of stresses that impact their performance, equipping them with the skills, self-awareness and coping strategies to manage themselves in increasingly stressful environments to reduce incidents of burnout and absenteeism whilst promoting the positive mindset needed to thrive.

For further information visit tacktmi.co.uk. If you would like to speak to a member of the team call 01923 897 900 or email uk@tacktmiglobal.com.



Interactive & Practical Training Course

Available in-person or virtually

Visit tacktmi.co.uk for further information

SUITABLE FOR:

Sales professionals in organisations where employee wellbeing has been recognised as a crucial ingredient to organisational productivity, engagement and ultimately success.

YOU WILL LEAVE THIS COURSE:

- Aware of the components of and benefits of resilience
- Better able to manage stressful situations
- Equipped with techniques and strategies to adapt and self-coach
- Able to anticipate and manage change, both internal and external